Tips for being a better consumer of news

The following actions, gleaned from experts in the field of media and news literacy, can help you weed out fake, inaccurate or biased news:

Go out of your way to confirm whether you're reading, watching or hearing a news piece or an opinion piece.

Investigate the authority of the author or publisher responsible for what you're reading. What was their intention? Who profited from publication of the information? Who was served? If online, is it a legitimate news source?

Check other sources to confirm the accuracy of the content and follow the story over time.

Think about what information or points of view might have been left out.

Notice creative techniques intended to attract your attention.

Seek out opposing points of view and be open to information that challenges your own biases.